

M.V.A | FROM THE LAND



An EP of African inspired hip-hop instrumentals — apart from the first, which features a verse from Cage Lu, a rapper who I collaborated a few times with (starting around 2004) and was slated to make a project together a few years ago. Being that we had roots from two different countries in the Motherland, I wanted the music and project in general to have that vibe but still remain hip-hop. Unfortunately, the collab project never transpired but some, if not all, the tracks here would have been on the project. Shoutout to Cage, one of the nicest poets I've ever worked with.

— M.V.A aka V-Man

maxBloc



Produced by

M.V.A

1 CAGE'S INTRO (FEATURING CAGE LU) 2:13

Settling is when the Devil wins
You know what they say,
'Idle hands...' and all the rest of it
So I'm forever striving to be better
Than my present self

Scripting with pencil tips
In search of riffs
New melodies,
To capture new memories
Identify my identity,
in the midst of everything I am
In order to get to become
what it is that I'm meant to be.

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Can't keep staring in the mirror
at a better me
So before the sun sets
and I walk off to eternity
Got to be sure, me and him,
are even by the evening
For with the onset of darkness,
out come the demons

To tear at me at me
and they come bearing teeth
But I won't know defeat,
so bare with me

Steady approach our destination
with the patience of saints marching in,
hence our pace
Who'd you think you're racing?

I ask myself before I step out of formation
But you keep on going,
I'll meet you at the apex

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And if any in my number were to fall
We'd stop to celebrate,
then pause to pour libation

Take this,
I pray that they don't blame us
Were not trying to save the game,
just the gamers

2 ELECTRIC RHYTHM 1:39

3 THE JOYFUL MANIFEST 2:31

4 GOING TO THE MOON (TRIBUTE TO SONNY OKOSUN) 2:04

5 TEMPERATURE'S RISING 1:45

6 TRIBUTE TO THE ORIENTAL BROTHERS 3:30

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M.V.A ONLINE

<https://blocsonic.com/artist/mva>

https://twitter.com/Official_MVA

<https://youtube.com/channel/UCXQ-2qP0TZdto7H5dm6NBYA>

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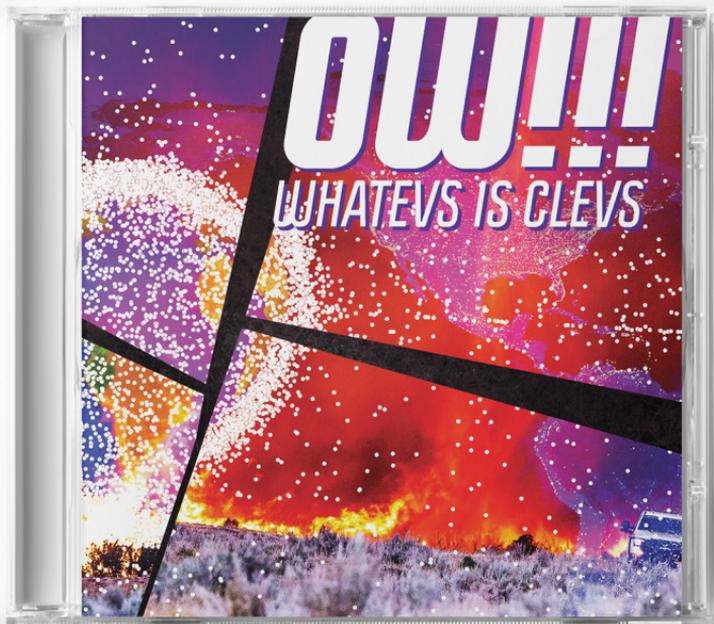
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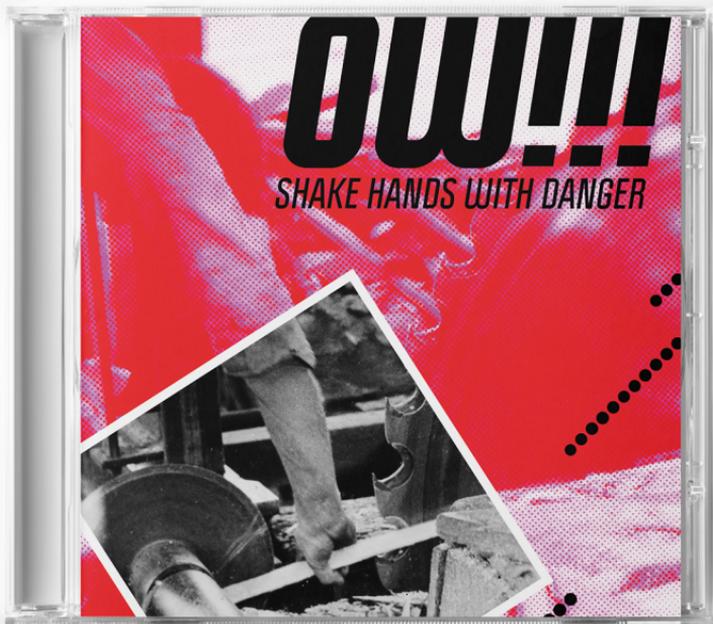
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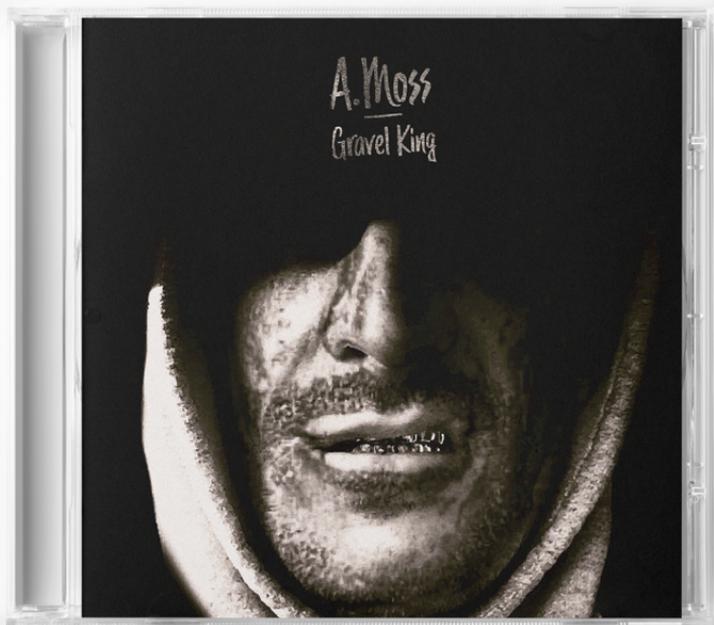
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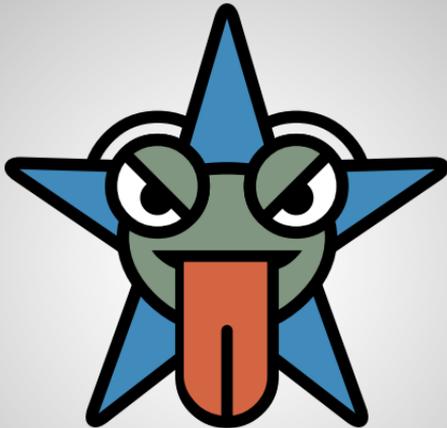
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THE  **blocSonic** HOT LIST



Tune in everyday at Starfrosch.com!

(click for more information and netcast times)

*Hey V-Man... thank you for a terrific
new release! Big shout out also goes out
to Cage Lu for his lyrical & poetic contribution.*

- Mike Gregoire, blocSonic

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