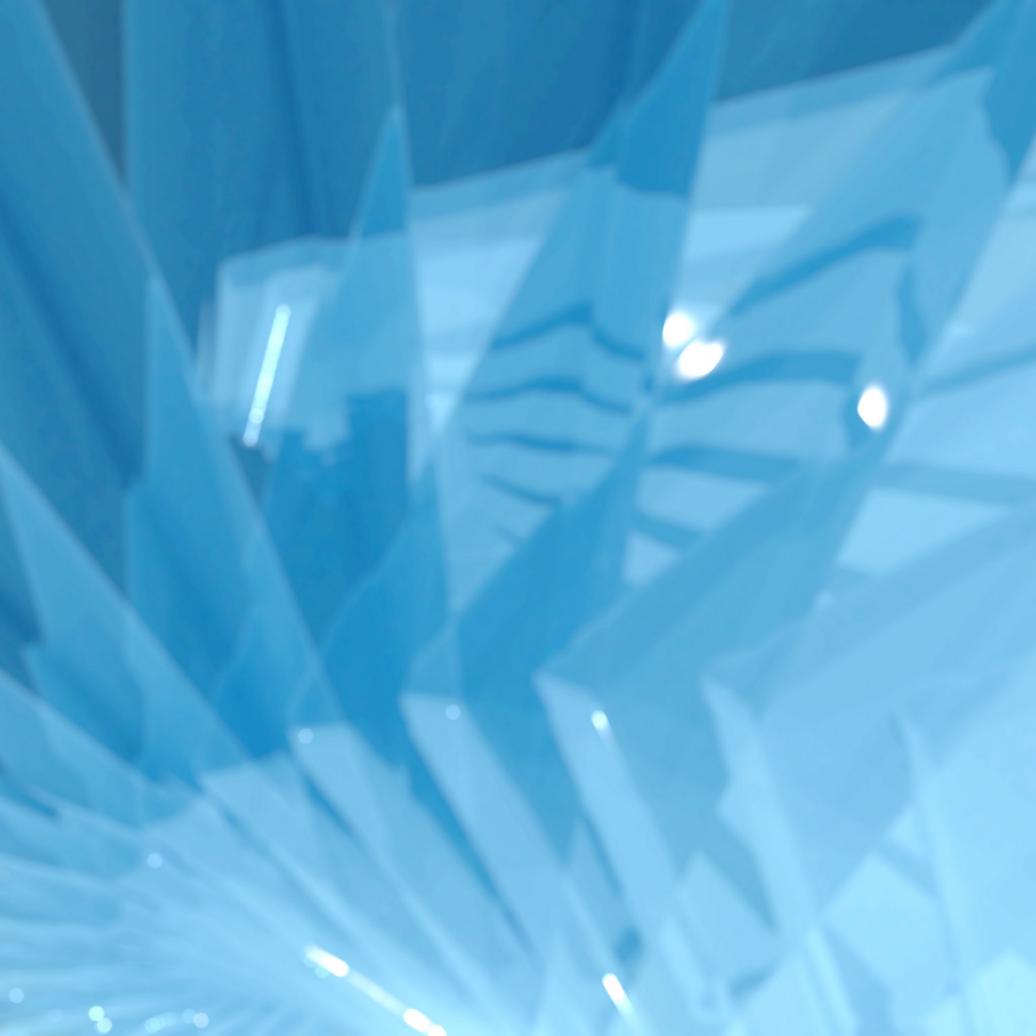




timezone lafontaine  beatseekers



Produced by

Timezone Lafontaine



1 keep the flame alive 4:43

alla y'all - know you wanna take it higher
fighters and survivors, come on and raise your lighters
keep the flame alive

redeem the moment - dream dynamic s
steam locomotive poetic s in italic s
panoramic cinematic s in vistavision
the rhythm of time, emphatic in its divisions
syncopated steps - spiral staircase
pirate broadcasts reclaim the airspace
get the word dispersed and far flung
strum upon the heart strings, come and start some
every second is a beckon to the first move
I reckon it's laying in wait to burst through
when it's high time and you've primed the pump
DIY punks redefine the funk
giving back and it's woven in the tapestry
chilling cats be smoking in the back with me
set in outer space with the time and thoughts
heavy with the bass like the DiamondBoxx

alla y'all - know you wanna take it higher
fighters and survivors, come on and raise your lighters
keep the flame alive

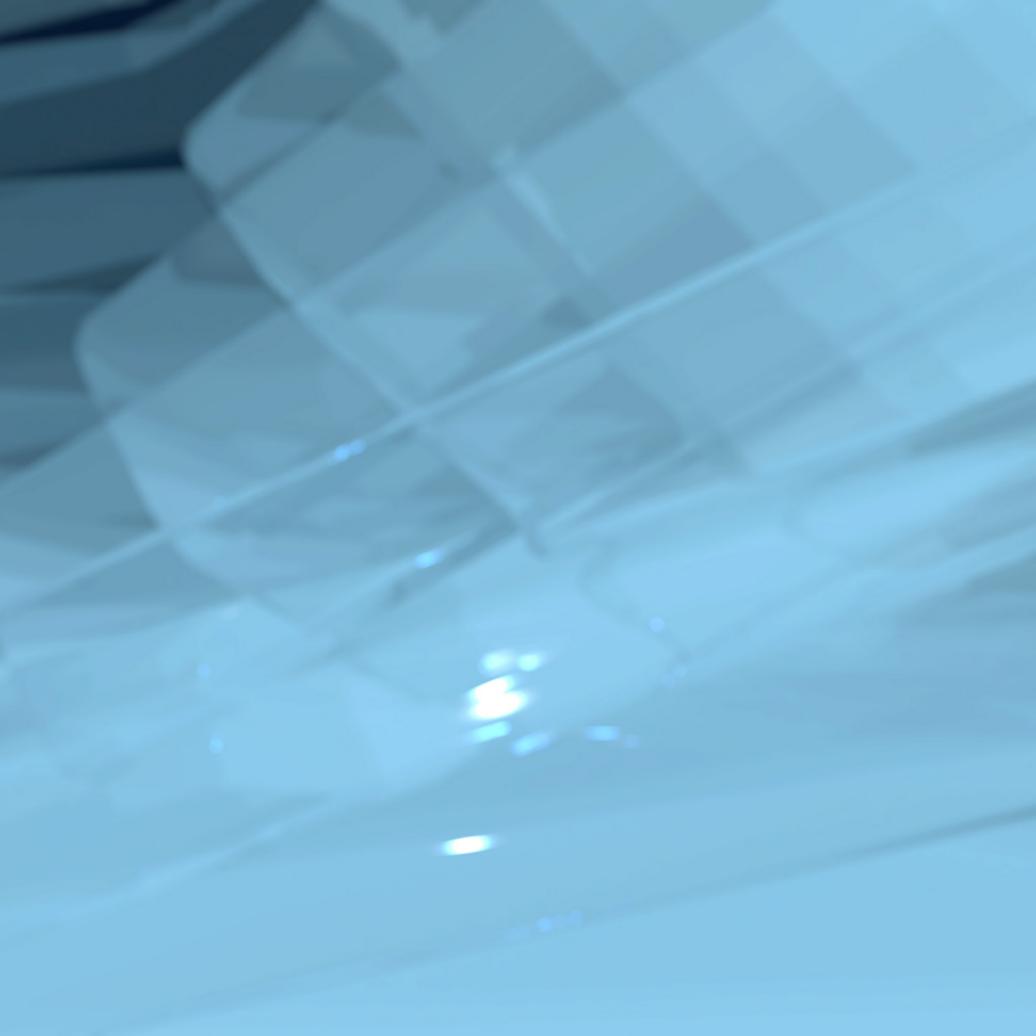
every day adapting to the circumstance
changing fast, coming at us like an avalanche
highly flying where the curve of the earth is vast
still ascending and you know there ain't no turning back
burning passion and we're charged to protect it
artists know this world yet it's hard to reflect it
but what choice have we got when poison is taught?
keep attuning to the Now with the noises we brought
ninety-nine and a half ain't enough
time is tight, like a hand in a glove
in the anti-node where I stand in the sub
with the antidote in demand with the love
there's nothing like it you can say you ever heard before
surging forth toward what you been searching for
antigravity - we'll be leaving the floor
believe in the team - we're here to even the score

alla y'all - know you wanna take it higher
fighters and survivors, come on and raise your lighters

keep the flame alive

still keeping the flame - been deep in the pain
this scene is insane but I ain't leaving my lane
dreaming of change - change dreams to tactics
reactivate the bass - mix dynamics
pyrotechnics fly in the twilight sky
spread wings tonight, then I glide right by
on a Southern zephyr - contents under pressure
it's now or never for the come together
the past's done - time's running fast, son
treat any chance that I get like it's my last one
don't take it for granted - can't fake it or plan it
adapt, react, and enact the jam, goddammit
that's how I live it - give it back - invigorate
something for the haters to love - lovers to levitate
what you've been missing - listen up and listen in
the zone track - got your back through thick and thin

alla y'all - know you wanna take it higher
fighters and survivors, come on and raise your lighters
keep the flame alive



2 **recalibrate** (Featuring CM aka Creative) 3:40

Guest lyrics and vocals by CM aka Creative

calling on the follow-through - wishing all of you
to persevere in this endless year we're all crawling through
where's the center here? Find the ground again
pad and pen in hand - blend the inner sound again
play the song - the days are long
keep my eyes open for something to hang a phrase upon
none can undo the truth of what we've come through
keep it spoken - smoking - keep the chain unbroken
bring it back to the path - claps and high hats
kicks locked with the bass in the pocket, like that
my constellations are inlays on fretboards
slic e mic cords with red swords - get set so
inroads to insight - twilight - begin night
fingertips on the faders - get the mix right
twist typekits like burners in wildstyle
yearn for freeflight - the place to be is Now

recalibrate

rise above the hate

Verse by CM

all across the vast land to the southland again
the shore sands, oceans - open floorplans
in my dreams expand - dance in new spaces
my stance on bass is: hand the blues praises
explore and grow and change - my flow is strange
but yo, this time is so insane - people so in pain - so to say
make it plain, and I really try
while i'm peering through these prisms with a healing eye
still I like to wile the time, styling rhymes
dialed in - tuned with the wild designs
bloomed in the starscape - the new moon,
the art of high stakes and heartbreak - the too soon
heartbeats and bass - still in motion
interwoven with the kicks - mixing up a potion
closing time approaching - another night coming down
flying out on the other side of town

recalibrate

rise above the hate

3 bring the fight back 3:45

here's what the blend is: unfolding, endless
choose between money and time
what you spend is:
an investment
what the return is:
what you keeping when you leaving
what you learn is:
adapt to shifting scenes in a dreamstate
hungry ghosts among us try to clean plates
can't get satisfaction - acting out
bit off more than they could chew - backing out
can't unring the bell, though - hell no
consumer debt - what's left? to sell soul
a mall is a hellhole - I keep a wide berth
turn my focus back within, inside earth
keep it rooted to the core - transmuted
hatred into love - plans executed
comprehend that - keep the blends that
everything you send out gets sent back

bring the life back
bring the light back
and bring the motherfucking fight back
fight back

navigate rhyme passages - decipher messages
assessing damages and blessings is
part and parcel of day-to-day practices
press play - the way we make magic is
mix expeditions - fader pushing - knob twisting
drum tuning - flows hitting - close listening
taking it on a line-by-line basis
and if it ain't making it, i'm recalibrating it
everything's proceeding apace
fit the kicks in the mix so they sit with the bass
time is short but i'm patient - tuned in
I keep my goals in focus - zoomed in
groove ride - precise as a diamond stylus
high fidelity - ride a vibe in silence
be the stillness - I keep it serene
one step ahead on a balancing beam

bring the life back

bring the light back
and bring the motherfucking fight back
fight back

it ain't about what you think - it's
hooking up the links kid - get this heat to relinquish
the tracks for the abstract vernacular
looting that wax like a sampler scavenger
time traveler rocking in the call box
surreality like Dali to your wall clocks
sparks fly from the PA - ease in on the freeway
weaving with the latitude and leeway
lateral flex beats a flat affect
spoiler alert - check what happens next
battle over - reenacted for posterity
play a sucker emcee, mumble incoherently
you won't get near to me - you'll be held at bay
and when I grab the 58 there'll be hell to pay
like Bill and Jimmy burning up paper cash
while I'm killing Confederate traitor trash



4 light 'em up (Featuring Seed Verb & Sloe-T) 4:07

Guest lyrics and vocals by Seed Verb & Sloe-T

as the tone plays, I roll phrase through the smoke haze
new flows only - no shows on replays
don't be caught dozing - no losing time
so enthralled - y'all like, keep it open all night
grime and grit EQ'd in the mix basis
same timeslot and station - you know the place is
I Like It Like That - down with the basement tech
set up the speaker stack so the bass can wreck
clean pristine with the subs on the sine wave
dirty with the mids, kid - that's how mine plays
roll it off the top like analog 4-track
when you ping-pong to make way for more tracks
arm with the red lights - caught in the headlights
putting in work on the mic - make sure it's said right
prismatic facets in liquid projections
digital video - Milkdrop selections
mental image collage - that's what the vibe is
that's proper rawness to honor your fucking highness

it's the next scene - best keep your lens clean
in the blendstream - light 'em up - defend dreams



light 'em up

Verses by Seed Verb & Sloe-T

5 **on the run** (Featuring Donnie Ozone) 3:36

Guest lyrics and vocals by Donnie Ozone

sun dives - on the run - drive to twilight
see the way through
day to day you keep the faith
and display truth

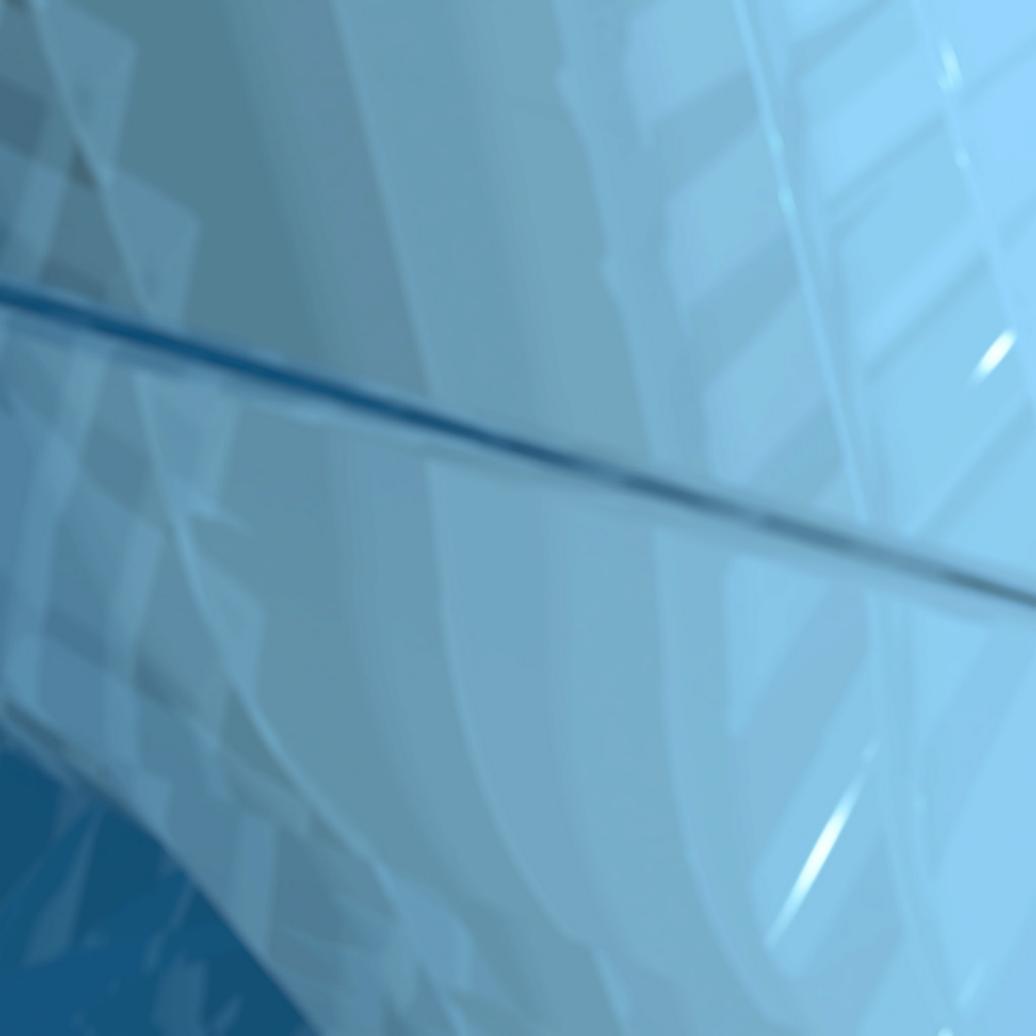
on the box, this is it - medicinals
in the mix with the hats, snares and kicks
beware of this - treat it with respect due
all of that - true, this reflects you
one way or another way - another day
listen to the inner, not what some others say
they don't know about half of what they flow about
you got your own task at hand to go about
rhyme design for a lifetime - a lifeline
a point of light in the sky at nighttime

c lose to where the fury lays in wait
use c aution but I c an't say I play it safe
produc er of the Fantom Movers - plan and doers
eye to eye - try to understand the bluest
sail on past - trains keep rolling through
the veil draws back and i'm strolling through

sun dives - on the run - drive to twilight
see the way through
day to day you keep the faith
and display truth

Verse by Donnie Ozone

it's the breakout point - c hange direc tion
with a guitar at the c rossroads intersec tion
days out from base c amp with the amp out
it's your c hoic e: kic k up sparks or stamp out
I strive to feed the fire - we leave tomorrow
today is the day though - so to assuage the sorrow
stay energized c ause setbacks c an happen
defness in practic e - mixtapes a map and
moving forward though you sometimes stumble



it's its own reward: the course - stay humble
schools and universities: the universe is these
that's why the beat'll be refined to a high degree
that's why I don't need all of y'all trying me
fighting me when I just describe the irony
the mercenary's art is cold - it's hard to know
how to walk into the dark with a heart of gold...

6 **come back strong** (Featuring C-DoC) 4:15

Guest lyrics and vocals by C-DoC

pass it by word and by hand
unburden your heart with your art and you start to understand
hit the reset and come back strong
thought to take to track to mix to song

one eye on the screen, one eye on the dream
gain steam - the strain - orchestrate the theme
elucidate the pain
illuminate the path for the next cats
ruminate on the facts
next up, a serial saga with a bad script

rhythms and ragas are mad swift
put your work in so it ain't too fast to follow
whose past is perfect? Tune back tomorrow
for the next episode as the world burns
in the whirlwind - turntables in a tailspin
cold as a hailstorm, but the cuts precise
when the time is right - got it once or twice
no faking - you know when to make a move
when the walls are weak and the nighttime is breaking through
put your fist where it sits in the mix
if you're a viper you'll wanna listen to this

pass it by word and by hand
unburden your heart with your art and you start to understand
hit the reset and come back strong
thought to take to track to mix to song

Verse by CDoc

we hold on to some things, let go of others
oscillate between Winters and Summers
season cycles - ride high with the beat disciples
keep the firelight - release the trifles



the stylus finds the center through a spiral of sound
and at the end we lift it up and then we flip it around
begin again - know what I'm getting at?
working on a dream instead of that just setting back
in the time for growing I'm going full force
until the night into day has run its full course
and then again - dial it up, consistent
style is what? position of rhythms
a dozen semitones applied upon a grid of time
unique arrays emanating from this lid of mine
it may take longer than you thought
but look how much stronger you got the longer you fought

pass it by word and by hand
unburden your heart with your art and you start to understand
hit the reset and come back strong
thought to take to track to mix to song

7 **beatseekers** (Featuring Cheese N Pot-C) 4:03

Guest lyrics and vocals by Cheese N Pot-C

live - tuned into wireless frequencies

beatseekers - high seas piracy - beatseekers

breaks broadcast - fuck what the law intends

Summer twilight - outcast with raw finesse

draw your breath deep with the fresh beat

stress release on the flex tech - check me

back to state the facts - be in the timestream

annotated maps - redefine dreams

rimshot clacks syncopate on magnetic tape

a step at a time in these pandemic days

changing plans - shifting sands

lifting hands - making stands - mic command

kicks drop in fives like a brass band

hip-hop inscribed with the swag of the Southland

seed the rhythm - beat traveling

arrow of time - sharp as you can handle and

roll through and hold true to the goals you create

and not what they sold you

live - tuned into wireless frequencies

beatseekers - high seas piracy - beatseekers

Verses by Cheese N PotC



8 trust your soul 4:20

night's beginning - with any luck the wait is ending
design the blends and keep these fucking plates spinning
as the world turns - day to night and back
I see the color burn - more fly than white and black
pulling late nights - get the dub plates right
going viral - make a spiral from a straight line
through a Moebius strip on a melodious tip
build up a sample collage with the copious clips
and the granular synth - if you can handle this it's
bad, bold, raw sound unfolding in this
like Coxson & Dodd, a sound seeker
international mix up in the loudspeaker
another heater gonna redline the voltmeter
funkify your life and catch the gold fever
so my teacher is the sonics and the style itself
top shelf - keep it dialed to the highest wealth

day steps aside to night's rise
we dance in praise of dusk - it stays with us
raise your eyes to twilight skies
adjust and trust the flow

trust your soul

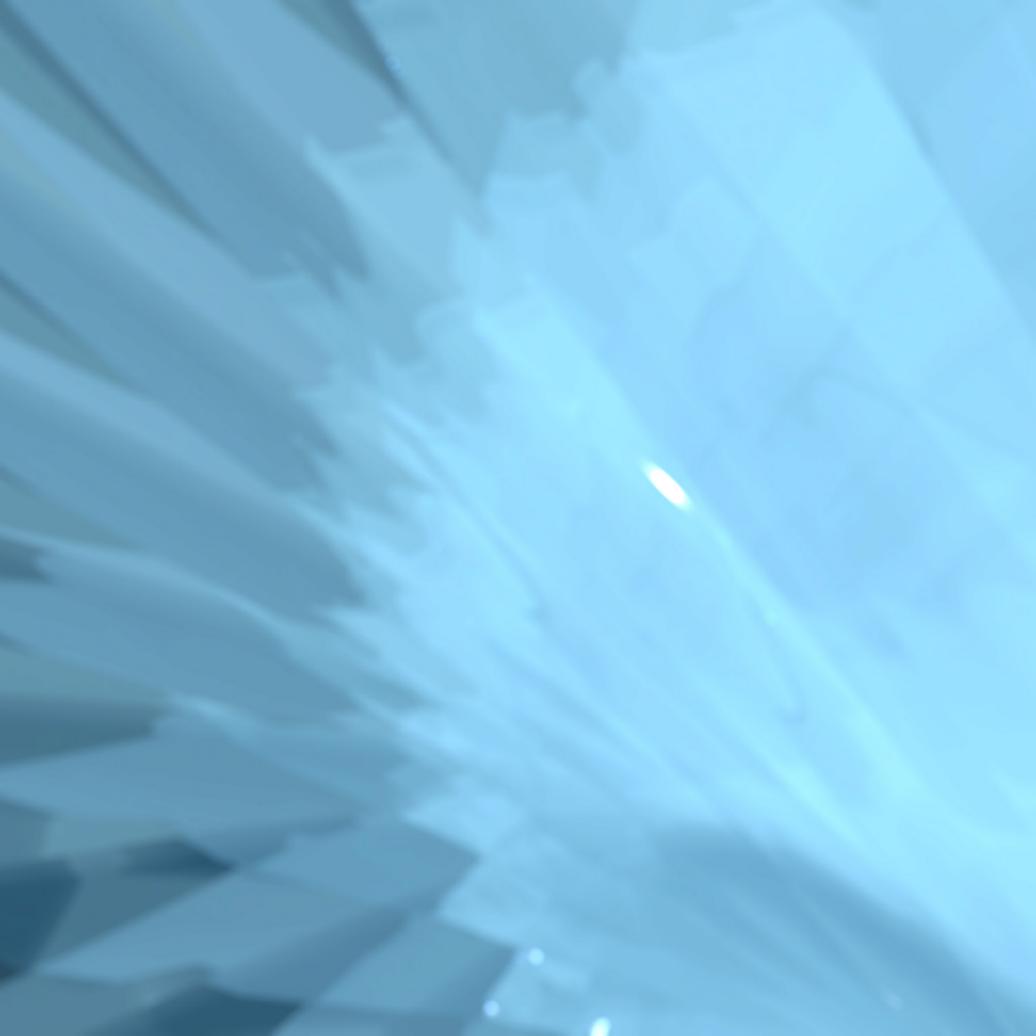
sampled tones evoke the smoke poems
and the Zone's adrift with the clones in the seasonal shift
twilight backdrop mixed with streetlamps
beats on repeat on the box keeping me amped
signed sealed and stamped for delivery
traditions of musicians and gifts that still live in me
rearranged like collage in composition
intentional designstyle blends with intuition
each line is a choice - align with the noise
fly skylines of rhyme - come into summertime
inner states reset - depressurize
arise to the heights your mind's eye specifies
I steal time to make this flow for real
act like an average joe - y'all don't know the deal
that's 'cause the soul... it's to be protected
if you didn't know before you best respect it

day steps aside to night's rise
we dance in praise of dusk - it stays with us
raise your eyes to twilight skies
adjust and trust the flow

trust your soul

I got that style and feel of a driving wheel
striving on - you know the Time's for real
so you can look up how to cook up in a recipe book
what I made when I played but it's necessity - look
I got the essence of the resonance - consider this
that if you lose the roots of blues, it's hit or miss
that's what the South is about when we talk music ally
I keep it moving in me because it grew like a tree
see how it branch out to expand sound
move with the band now - outstanding, hands down
I gotta lock it in the pocket with the bass and the kick
like George Porter Jr. you know the phrasing is sick
and when the silence means as much as a note does
gotta improvise - you can't play it by rote, cuz
stay dedicated to this mic that I'm holding
'c ause every day I see this light that's unfolding

day steps aside to night's rise
we dance in praise of dusk - it stays with us
raise your eyes to twilight skies
adjust and trust the flow
trust your soul



Timezone thanks

Thank you to all the artists who collaborated with me.
Peace to the Crieve Hall Gang. Love and
thanks to the Lovegarden pack!

Timezone Lafontaine online

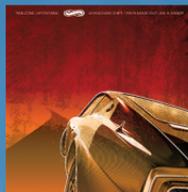
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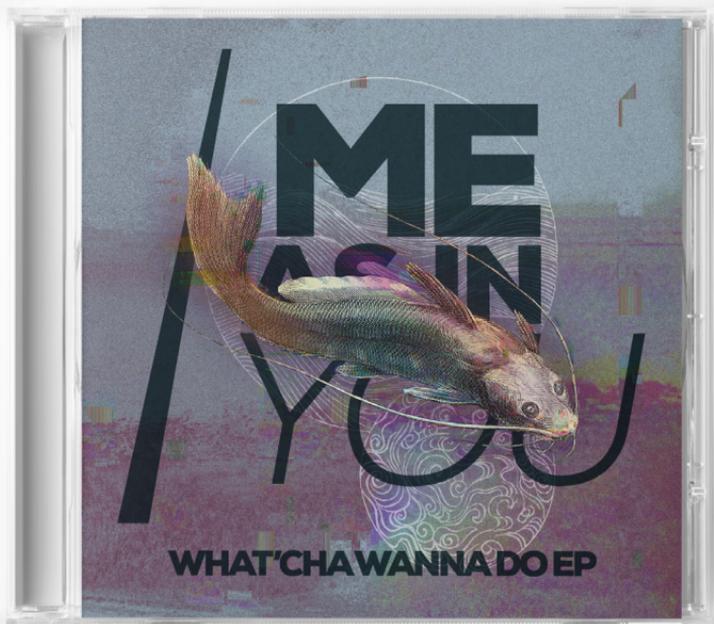
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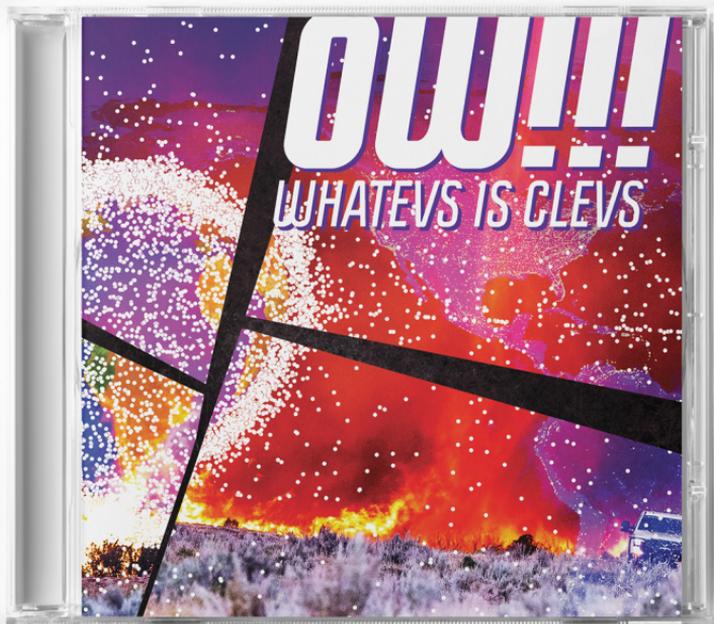
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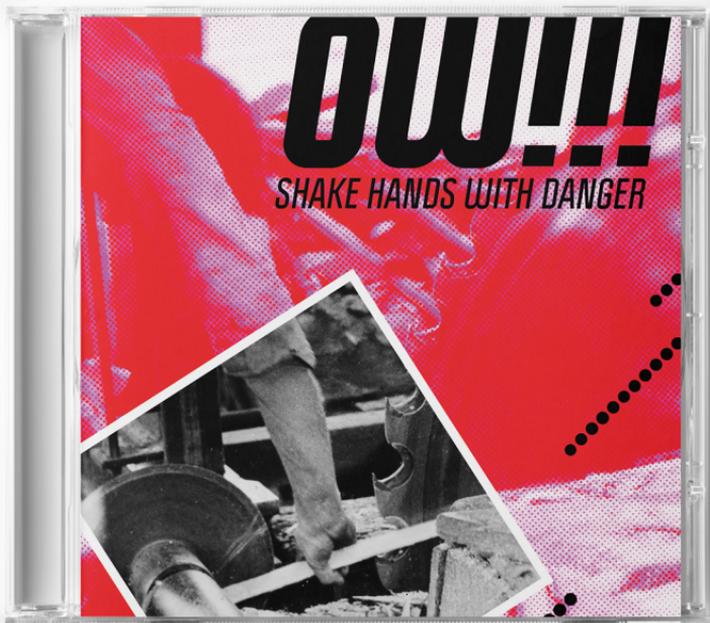
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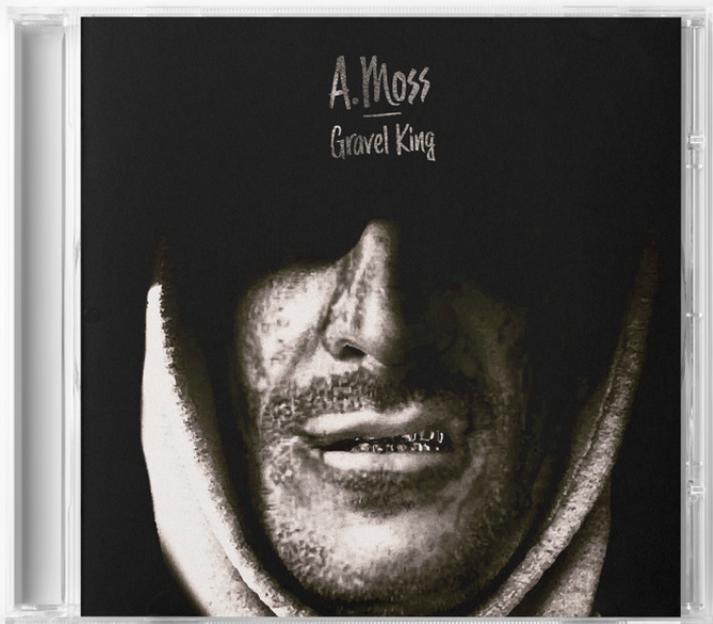
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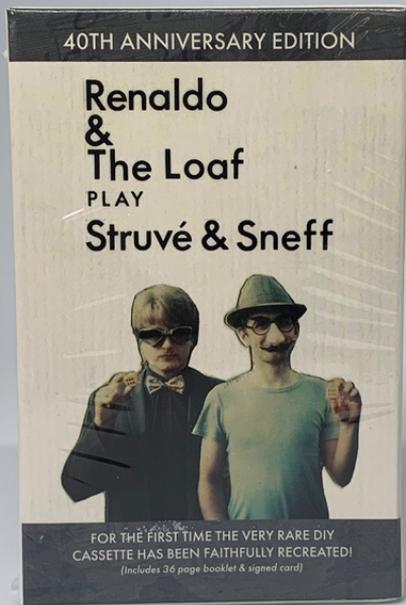


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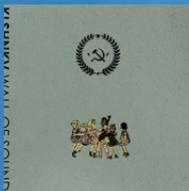
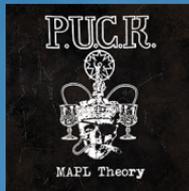
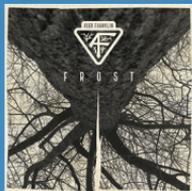
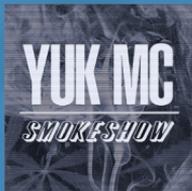
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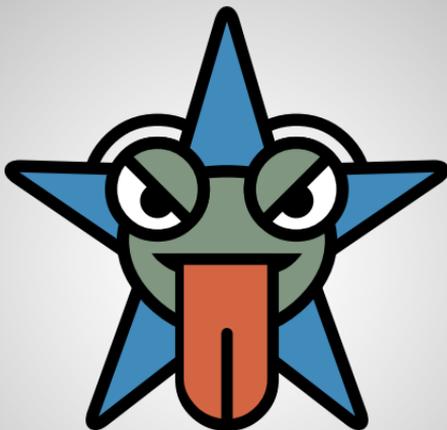
A stylized globe graphic in shades of orange and yellow, featuring latitude and longitude lines. The globe is partially obscured by the text 'THE BLOC REPORT' which is rendered in a bold, white, sans-serif font with a black drop shadow. The text is arranged in three lines: 'THE' on the top line, 'BLOC' on the middle line, and 'REPORT' on the bottom line. The 'THE' is smaller and positioned to the left of 'BLOC'.

**THE
BLOC
REPORT**

A small black flag icon with a white horizontal stripe, positioned to the left of the text 'blocSonic'.

blocSonic

THE  **blocSonic** HOT LIST



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**Yo, Timezone and everyone
involved in making this brilliant
album happen... a mega thank
you! Happy New Year to you all!**

- Mike Gregoire, blocSonic

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